

AMENDMENT TO THE CLAIMS:

1. (currently amended) A method comprising:

administering at least one ounce of a composition in the mammal on an empty
5 stomach comprising:

non-Morinda Citrifolia based fruit juice present in an amount between about 0.1
and 30 percent by weight; and

Morinda Citrifolia fruit juice present in an amount between about 0.1 and 30
percent by weight eoncentrate;

10 administering at least one ounce of said composition at night on an empty
stomach; and

inhibiting the PDE enzyme in a mammal.

2. (original) The method of claim 1, wherein said composition comprises Morinda
15 citrifolia fruit juice obtained by freeze concentrating Morinda citrifolia fruit juice.

3. (original) The method of claim 1, wherein said composition comprises Morinda
citrifolia fruit juice concentrate obtained by evaporative concentration of Morinda
citrifolia fruit juice.

- 20 4. (withdrawn) A method for reducing allergy reactions comprising:

administering to a mammal a composition comprising Morinda citrifolia fruit

juice concentrate in an amount sufficient to inhibit the action of a PDE enzyme, thereby increasing the level of cAMP, decreasing IgE, and decreasing the secretion of histamine to decrease the allergic reaction.

- 5 5. (withdrawn) A method for increasing the body energy of a mammal comprising:

administering to a mammal a composition comprising *Morinda citrifolia* fruit juice concentrate in an amount sufficient to inhibit the action of a PDE 5 enzyme, thereby increasing the level of cAMP, and increasing the amount of glucose produced to increase the body energy of said mammal.

6. (withdrawn) A method for reducing asthma reactions comprising:

administering to a mammal a composition comprising *Morinda citrifolia* fruit juice concentrate in an amount sufficient to inhibit the action of a PDE enzyme, thereby increasing the level of cAMP, and relaxing the muscle around the mammal's airways to decrease the severity of the reaction to asthma.